

Summer 2010

"You can't spell
 ComMunicationS
 without CMS!"

Touched by art

By Michael Bailey, RN

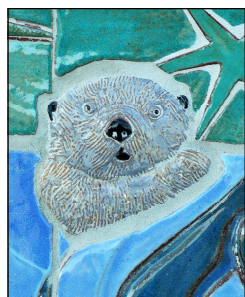
A beautiful new ceramic mural is greeting visitors to CMS in Viera, thanks to Florida's Art in State Buildings Program and the skills of a New England artist. Panther, blue heron, alligator, otter, dolphin, fox, pelican, frogs and seagulls are among the critters that can be seen in the colorful 2- by 20-foot mural by Judith Inglese of Amherst, Mass. It was installed in early May.

Inglese was tapped by a CMS committee in October to create artwork for the exterior of the new building. The committee reviewed applications from 103 artists and selected Inglese to do the outdoor piece. A second artist was chosen to do an indoor piece.

"My inspiration for the design came from the committee," Inglese said. "They wanted to do the flora and fauna of this area. 'I researched the animals and came up with patterns so it would be abstract and flow from one image to another,'" she said.

The mural is composed of individual tiles of terra cotta clay that Inglese shaped, glazed and fired in her Amherst studio before shipping to Florida for assembly. She was assisted in the installation by her husband, architect Tullio Inglese. With grouting and cleaning, the job took two days to complete.

The Inglese mural is just half of the artwork that will grace the building. An indoor



Above: Artist Judith Inglese checks the placement of ceramic tiles with her husband, Tullio Inglese, during installation of the new mural at CMS Viera.

piece will be installed in the CMS lobby in August. Stephanie Gassman of Sarasota was commissioned for that work. Voting members of the art selection committee were Rob Bridger, Susie Givens, Sara Wallace, Dianne Taylor, and local artist Nancy Dillen. The project was coordinated with Charles Alby of DOH Design & Construction and Lee Modica of the Art in State Buildings Program, Florida Department of State.

Partners in Care set to begin

Submitted by Barbara Ray, RN, BSN, MPA, Executive Community Health Nursing Director

CMS Network and Hospice of the Comforter are pleased to announce the Partners in Care Program in the Central Florida area! We expect to begin implementation in October. The Program for All-inclusive Care for Children (PACC) provides an overlay of hospice services for children. Development of PACC was guided by a vision to identify and remove barriers that prohibit access to compassionate, comprehensive, coordinated services that support quality of life and comfort for all children with life-threatening conditions. CMS believes that this program will be a valuable adjunct to the services already being provided to the children and their families. We hope to add to their quality of life by providing psychological support and high-quality palliative and medical care.

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CMS Network Mission

"Champion excellence in
 the delivery of health care
 for children with special
 health care needs through
 a comprehensive system
 of care."

ComMunicationS Committee

Michael Bailey
 Robert Martin
 Cherice Fleming Togun
 Stevy Weathers
 Paula Winton

Contribute!

Interested in joining the committee or have a story suggestion? E-mail:

Cherice_Togun@doh.state.fl.us

Exercise your wait off!

By Michael Bailey, RN

Five pieces of sleek, new exercise equipment have been installed at CMS Viera to encourage health and fitness among clients and employees.

"There was grant money available, and we want to promote physical activity in light of the obesity epidemic," said Nursing Director Carolyn Bortz, RN.



Above: Eric Persyns and Donovan Corbett install the base of a rubberized safety surface for the new exercise area at CMS Viera.

Located in a protected area just outside the clinic lobby, the equipment was the inspiration of Dr. Jane Benton, the pediatrician who sees overweight children in Viera's nutrition clinic.

"It's a way to engage the older kids in physical fun. While they are waiting for their appointment, they can go out and have 10 minutes of active play," Dr. Benton said. "Even the moms and dads can enjoy using the equipment and be great role models for their kids."

The new exercise area features an exercise bike, an elliptical cross-trainer, an air strider, an air walker and a step-and-twist. The sturdy, green-and-tan tubular equipment is designed to increase strength and flexibility in legs, hips and arms while building cardiovascular conditioning.

To ensure safety, the play area is easily accessible and can be viewed by parents through the lobby. Each of the pieces is easy to use. Workers installed a cushiony rubberized safety surface to absorb impact and protect children from accidental scrapes.

Children visit workplace



Above: CMS Orlando celebrated National Take Our Sons & Daughters to Work Day on April 22. From left, Kaitlyn with her mother, Melody Manhire; Monica and Angelica with their mother, Sofia Pareja; Tatianah with her grandmother, Eva Kovacs; Ariel with his mother, Maria Velasquez; Shametrius with her grandmother, Dorothy Glover; and Valerie with her mother, Janette Gonzalez.

Graduate Succeeds Despite Brain injury

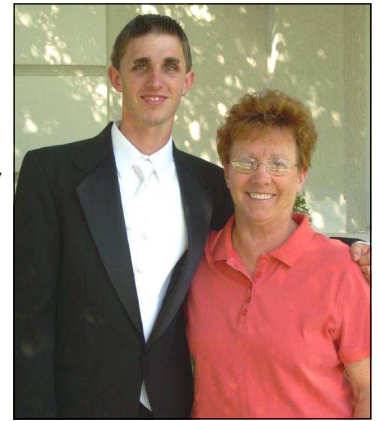
By Marion McCue, RN, BSN

Corey Lyle is graduating from Timber Creek High School with a GPA of 3.2 and successful completion of the SAT with scores above the recommended score.

Eighteen-year-old Corey suffered a traumatic brain injury from a skateboard accident in 2004. He had a fractured skull and a total of six surgeries for skull flap replacement. After his injury, Corey remained in a coma for two weeks, then completed one month of acute rehab.

Corey is now enrolling at Valencia Community College in preparation for his plans of obtaining a degree in psychology. Corey mastered effective coping techniques for learning new material despite his short-term memory deficits.

Congratulations and way to go, Corey!



Above: Corey Lyle and mom, Becky Lyle, on prom night.

In memoriam

By Rob Bridger, M.P.A., M.A., Regional Program Administrator

CMS Orlando was saddened by the death of Aurea Del Valle in an automobile accident on May 29.

Ms. Del Valle, a Foster Grandparent Program volunteer affectionately known as "Grandma," worked in the patient lobby for the past three years.

Grandma was the friendly greeter who welcomed children and their parents to CMS, interacted with the families while they waited, told stories, and engaged children in coloring and other activities while she monitored the lobby with a grandmotherly eye.



Safety update

By Stevy Weathers,
with information from Lanora Poitier,
regional safety coordinator



Think Safety
for Health!!

The Orlando and Viera offices successfully completed two required safety inspections and fire drills. The Regional Emergency Evacuation Plan has been completed and will be available to all employees soon. Please visit the DOH Department of Safety and Loss Prevention to access Monthly Safety Highlights & Tips and to see the revised emergency duty guidelines.

Happy Dayz

NEW CMS FAMILY!

Employee bios by Michael Bailey & Cherice Fleming Togun



Kathleen Baird (left) began as a secretary specialist on the administrative side in April at CMS Orlando, and in early June the clinic welcomed her as its new clerk typist specialist.

After nine years of working with youthful offenders at Brevard Correctional Institution in Sharpes, **Hali Hinchman, RN**, (right) wanted a change of pace. She joined CMS as a care coordinator in March. Hali has two older children – Kelly, 20, who graduates from Brevard Community College in December, and Stefan, 18, a senior in Florida Learning Academy – and 2-year-old Emilie, who is in her princess phase. Hali and Anthony Caruso have been married 3 years. She enjoys spending her free time with her family and reading.



Wellise Joseph (left) joined the CMS Orlando team in April as a secretary specialist.

Carola Neal (lower right) began as Barbara Ray's administrative assistant in April at the CMS Orlando office. Carola has more than 13 years of administrative experience and is delighted to have this opportunity to work with Ms. Ray and all of the CMS staff. She came to CMS

after spending eight years as the director's administrative assistant at the American Training Institute. ATI has been in the West Palm Beach area since 1989 and provides training in the building trades industry. She also served the city of Daytona Beach as an office specialist to the city clerk. She is a dedicated wife and mother of four and resides in the Daytona Beach area, where the family regularly attends Calvary Christian Center. Carola and her family find it a joy to be in the state of Florida. She looks forward to working with all of us!



Jennifer Silva (left) joined Early Steps in April as a billing clerk and administrative assistant. Jennifer said she was drawn by the workplace atmosphere and the chance to learn billing. "In every job I've had, there have been times during the day when there was nothing to do. Here, that's not the case! The day goes by quickly, and I love it." Born in Colorado but raised in Anchorage, Alaska,

she came to Florida two years ago from Virginia with her husband, Scott Silva, who works as a superintendent in civil engineering at Patrick Air Force Base.

Dana Testa, RN, (right) joined the world of pediatrics at CMS in March after a long career in cardiology specialty practice. She has been enjoying the change of pace from the hustle and bustle of Cape Canaveral Hospital and Holmes Regional Medical Center's outpatient surgical center and post-anesthesia care unit. She said she has always wanted to do pediatrics and decided to try her hand at case management. Dana lives on Merritt Island with her husband, Steve. The couple has two daughters, Fawn (a senior at the University of Tampa) and Meredith (a senior at Merritt Island High School). They also have two dogs and three cats. Dana enjoys spending her weekends boating or assisting with Meredith's soccer tournaments.



Paula Winton (left) returned to CMS in April as a marketing specialist. She will be involved in purchasing, building maintenance, marketing CMS, and grant writing. An eight-year employee of the Department of Health, Paula was the Human Services Program records analyst (HSPRA) for CMS-Rockledge for four years before moving to the Brevard County Health Department; she worked as a trainer/educator with Human Resources through the Office of Performance Improvement, then later with the Florida Breast and Cervical Cancer Early Detection Program. "I love medicine," said Paula. "I dabble in a lot of things and I really enjoy learning. I should have been a nurse – I know that now!" A former EMT, Paula administered home hemodialysis for her husband, Bob Winton, three times a week for 10 years. The couple will celebrate 39 years of marriage in October.

Sebastian James Perez (pictured below)

Born March 27, 2010, at 6:18 p.m., weighing 7lbs. 4 oz. Parents Daynette and Carlos Perez shared this precious photo with us upon his arrival.



Olivia Trinity Ray was born March 3, 2010, weighing 7 lbs. 15 oz., to Frederick Carl Ray Jr., son of Barbara Ray, and his wife, Rebecca Ray.

Happy Dayz

CONGRATULATIONS GRADUATES!

- Carolyn Bortz's daughter, **Cara Bortz**, graduated summa cum laude with a bachelor's degree in psychology from Florida Institute of Technology on May 7. Cara received the Faculty Honors Award for maintaining a perfect 4.0 grade point average. Cara was a member of the women's soccer team and Phi Kappa Phi and Psi Chi honor societies. Cara has been accepted into Florida Tech's doctoral program in clinical psychology and will begin studies in the fall. She plans to specialize in pediatric neuropsychology.
- Kimberly Jeremy's daughter, **Cynthia Fant**, graduated from Colonial High School on June 4 with a GPA of 3.5. She plans to attend Long Island University majoring in fashion design, and in the meantime is expanding her resumé by interning as a seamstress.
- Cathy Hardy's son, **Michael Hardy**, graduated from Space Coast Senior High on May 14. Michael also graciously volunteered at the CMS booth at the Space Coast Early Steps Autism Awareness Festival in February.
- Paula Winton's daughter, **Karen Hopkins**, graduated in May from the University of Central Florida with her bachelor's degree in education. She has begun work on her master's degree in education.
- Beverly Metzmaker's daughter, **Jessica McCurdy**, obtained her juris doctorate from Georgetown University Law School on May 23. Jessica is dutifully preparing for the New York bar exam, where she plans to practice.
- Barbara Ray's daughter, **Ashley Ray**, will attend the University of Idaho College of Law in August. Her mom states she will make a fine attorney.
- Jo-Ann Blenman's son-in-law, **Jonathan Reed**, graduated in May from UCF with a bachelor's degree in nursing. He successfully completed the NCLEX-RN exam in June and is already employed at Florida Hospital Celebration in the critical care unit.
- Molly Roberts had three children graduate in May! **Jonathan Stephen Roberts**, master's in business administration (finance) at Rollins College; **James Christian Roberts**, bachelor's in psychology at University of Central Florida; and **Jacqueline Marie Roberts**, bachelor's in business administration at Florida College in Tampa.
- Stacey Schneider's son, **Chase Schneider**, graduated from Eau Gallie High School on May 18. He plans to attend Brevard Community College and study computer-assisted drafting.



CMS Orlando said a sad goodbye to one of the office's most dedicated nurse care coordinators, **Kathy Bohn-Holsombeck**, on April 29. She spent over a decade fulfilling the CMS mission of championing excellence in the delivery of health care by sharing her true heart and compassion with the families she served. Kathy is pictured with Barbara Markham, CMS nursing supervisor, receiving the "Official CMS Ambassador" certificate for the Central Florida Region.

Whether out at community events or in the day-to-day calls and conversations with families, Kathy always stressed the importance of enrolling eligible children in the CMS program and personally ensured that the families on her caseload maintained their enrollments.

Kathy's retirement plans are to spend time with her extended family while coordinating her high school class reunion.



CMS celebrates



Above left: CMS Viera celebrated Nurses Week with a brunch on May 12. **Above center:** Administrative Professionals Day luncheon at CMS Orlando on April 23, and **above right:** Dr. Otegbeye joined the Social Worker Appreciation on March 31.

RECIPE CORNER



Spinach balls *Submitted by Sara Wallace*

Ingredients

- 2 boxes frozen chopped spinach, thawed and drained
- ½ stick butter, melted
- 2 cups Stove Top stuffing (herb)
- ¼ cup olive oil
- 5-6 eggs

- 1 onion, finely chopped
- 1 cup Parmesan cheese
- 1 tsp garlic salt
- ½ tsp Toney seasoned salt

Instructions:

Mix all ingredients together. Form into small balls and place on greased cookie sheet. Bake 325 degrees for 25 minutes until brown.